

22nd of March to 28th of March 2025

EXPERIENCE PROGRAM

FOR THE WHOLE FAMILY



CHILD CARE TIMES

Daily from 08:30 - 22:00 Mini-Club for babies until 20:00



RULES IN THE CHILDREN'S CLUBS

Parents are welcome in the childcare area Wet and dirty shoes please stay outside



CHILDREN'S PASS - NAME BADGE

You will find the children's pass in in your check-in folder.

You will receive the name tag at the children's club.

No children's pass and name tag - no supervision!



TO BRING WITH YOU

Please bring waterproof and weather-appropriate clothing and a drinking bottle

SATURDAY, 22.03.2025 Adult / family program

- 10:00 a.m. Morning Sauna today our sauna area opens from 10:00 a.m. - 9:00 p.m.
- 8:00 p.m. the Galtür ski school will come to the hotel - REGISTRATION for ski school and transfer - with Elina and Eva (Lobby)

SUNDAY, 23.03.2025

Adult / jamily program

- 10:00 a.m. Family time at the atelier: "Painting lanterns for tonight"
- 6:00 p.m. 9:00 p.m. Photo box for your vacation memory pictures (Lobby)
- *8:00 p.m. Lantern walk through the village approx. 30 min. (Meeting point: gathering point)
- 8:30 p.m. Adults movie time at the cinema: "Cheaper by the Dozen 2" - FSKO (without supervision)

Monday, 24.03.2025

Adult / jamily program

- 10:00 a.m. Morning Sauna today our sauna area opens from 10:00 a.m. - 9:00 p.m.
- *4:00 p.m. 4:45 p.m. Pranayama meditation - different breathing exercises and meditation with Melanie (Gym) warm, comfortable clothes
- *5:00 p.m. 5:45 p.m. Sound Healing Soft with aroma - sound bowl relaxation away from the body with Melanie (Gym) warm, comfortable clothing
- 7:00 p.m. 8:30 p.m. Night tobogganing in Ischgl Family offer: Children under the age of 17 can go up the mountain for free together with their parents!

TUESDAY, 25.03.2025

Adult / family program

- 10:00 a.m. Morning Sauna today our sauna area opens from 10:00 a.m. - 9:00 p.m.
- 8:00 p.m. Teen afternoon at the cinema FSK 6 or FSK 12 - choose a movie together on Disney+ "Parents free zone"
- 8:30 p.m. Fun barrel stave race at the toboggan slope in Galtür nominal fee € 5,00 per person

- Children's program
 8:30 a.m. Good morning board games (Kids Club)
- 10:00 a.m. Playdough fun (Atelier)
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. Creating watercolour pictures (Atelier)
- 4:00 p.m. Would you like a glitter tattoo? (Kids Club)
- *6:00 p.m. Dinner with supervision (Atelier)
- 6:45 p.m. Monti comes to dance (Lobby)
- 7:00 p.m. Movietime at the cinema: "The Little Mermaid" - FSK0 (with supervision)
- 9:00 p.m. City-Country-Dimwit (Kids Club)

Children's program

- 8:30 a.m. design sleep masks (Atelier)
- 10:00 a.m. Parent-children crafting at the atelier: "Painting lanterns for tonight"
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. Children's kitchen: fancy your own "hot chocolate" with cream marshmallow topping
- 4:00 p.m. Go-kart driver's license (Indoor Park) no tokens needed
- *6:00 p.m. Dinner with supervision (Atelier)
- 6:45 p.m. Monti comes to dance (Lobby)
- 7:00 p.m Pyjama party who comes to dance in their pyjamas? (Cinema)
- *9:00 p.m. Cocktail course with our somelier Rene from 8 years - € 6,00 per child (Hotel Bar)

Children's program

- 8:30 a.m. Design your Monti VIP-pass with your favourite sticker (Atelier)
- 10:00 a.m. Children's kitchen: bake colorful waffles and decorate with toppings (Atelier)
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. Are you coming to the town playground? Don't forget your snow clothes (Outdoor)
- 4:00 p.m. Soft Play Parcour who does it the fastest? (Soft Play Area)
- *6:00 p.m. Dinner with supervision (Atelier)
- 6:45 p.m. Monti comes to dance (Lobby)
- 8:00 p.m. Movietime at the cinema: "Winnie the Pooh" - FSKO (with supervision)
- *8:30 p.m. Mermaid swimming from 8 years - € 28,00 per child

Children's program

- 8:30 a.m. Ironing beads picture (Atelier)
- 10:00 a.m. Upcycling craft: make a flower using a CD (Atelier)
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. HABA games afternoon with our supervisors (Kids Club)
- 4:00 p.m. Face painting and dressing up (Kids Club)
- *6:00 p.m. Dinner with supervision (Atelier)
- 6:45 pm. Monti comes to dance (Lobby)
- 7:30 p.m. Join-in theatre at the cinema "Kasperle is here"
- 9:00 p.m. Billards olympics (Indoorpark)

WEDNESAY, 26.03.2025

Adult / family program

- *9:00 a.m. 9:45 a.m. PMR stress reduction relaxing and tensing muscels - the basics of Progressive Muscle Relaxation (Fitness) warm, comfortable clothing
- 6:00 p.m.- 8:00 p.m. Tyrolean raclette evening at the restaurant
- 6:30 p.m. 9:30 p.m. Night skiing in Galtür Tickets available at the reception (for a fee)

Children's program

- ♥ 8:30 a.m. Build a lego tower (Kids Club)
- ♥ 10:00 a.m. Handprint at the Indoorpark
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. We go for a walk with our 6-seater stroller (Outdoor)
- 4:00 p.m. Children's kitchen: cutting and enjoying fruit salad (Atlier)
- *6:00 p.m. Dinner with supervision (Atelier)
- ♥ 6:45 p.m. Monti comes to dance (Lobby)
- 8:00 p.m. Movietime at the Cinema "Cars 2" – FSKO (with supervision)
- ₱ 9:00 p.m. Hotel-Ralley through the entire hotel from 8 years (Hotel Area)

THURSDAY, 27.03.2025

Adult / family program

- *6:30 a.m. 7:30 a.m. Power Yoga with yoga trainer Emily (Gym)
- *08:00 a.m. 09:00 a.m. Soft Yoga with yoga trainer Emily (Gym)
- *4:00 p.m. 4:45 p.m. Sound Healing Intensive
 sound bowl near the body with Melanie (Gym)
 comfortable clothing
- *5:00 p.m. 5:45 p.m. Breathwork Session different breathing exercises and meditation with Melanie (Gym) comfortable clothing
- 8:00 p.m. Cocktail night at Biwak66
 - selected cocktails for € 8,00

Children's program

- ♥ 8:30 a.m. Hedgehog massage (Atelier)
- 10:00 a.m. Parent-children crafting at the atelier: painting a t-shirt or shield cap - € 6,00
- *12:00 p.m. Lunch with supervision (Atelier)
- 2:30 p.m. Are you coming to the hotel playground? Don't forget your snow clothes (Outdoor)
- 4:00 p.m. Fingerpainting like Arno Stern on our artist wall (Painting Atelier)
- *6:00 p.m. Dinner with supervision (Atelier)
- 6:45 p.m. Monti comes to dance (Lobby)
- **7:00 p.m. Kids yoga for relaxation** (Cinema)
- *8:00 p.m. Pool party with cool music and drinks - from 8 years (Indoor Pool)

FRIDAY, 28.03.2025

Adult / family program

- ₱ 10:00 a.m. Morning Sauna today our sauna area opens from 10:00 a.m. 9:00 p.m.
- 2:30 p.m. A visit at the Museum Alpinarium accompany us with the Kids Club reduced price with the guest card
- 7:00 p.m. the Bowling alley in Galtür is open (Sports and Cultural Centre)
- 8:00 p.m. Nostalgic movie time at the cinema: "All About Steve" - FSK 0 (without supervision)
- 9:00 p.m. Bingo for the whole family with great prices (Lobby)

Children's program

- 8:30 a.m. Monti coloring pictures (Kids Club)
- **♥** 10:00 a.m. Childrens kitchen: top your own pizza with delicious ingredients (Atelier)
- *12:00 p.m. Enjoy your pizza (Atelier)
- *2:30 p.m. Indoor bouldering at the Alpinarium from 7 years € 6,00 per person (please bring cash) participation at own responsibility
- 4:00 p.m. Movie time: "Alice's Wonderland Bakery" - FSKO - we watch 2 episodes (Cinema)
- *6:00 p.m. Dinner with supervision (Atelier)
- ♥ 6:45 p.m. Monti comes to dance (Lobby)
- 7:00 p.m. Mini Disco closing party after the ski race with children's champagne (Cinema)
- 9:00 p.m. Bingo for the whole family with great prices (Lobby)

Registration via our hotel app is required for the program items marked *!

TIPS FOR YOUR STAY

Horse-drawn sleigh ride in Ischgl

Experience the beauty of the Paznaun region on a romantic horse-drawn sleigh ride through snow-covered forests and valleys. Always in view: the imposing mountain peaks of the Silvretta. The clattering of hooves in the background. Wrapped up in warm blankets, you explore the unique natural surroundings.

Contact: Daniel Zangerl info@kutschenfahrtren-ischgl.at T +43 (0) 664 22 16 323 Price: € 100.00 Round trip - 1 hour



Rental equipment outdoor

Baby carriages, toboggans and sledges can be borrowed free of charge at any time.

Directly behind the hotel you can enjoy your winter walk with the whole family.

You can find a small toboggan slope for adventurous tobogganing fun behind the hotel parking lot.

Swimming course

Baby swimming: € 18.00 / approx. 30 min

Monday to Friday / 2:00 p.m. - 2:30 p.m.

In the SWIMTRAINER "Classic", the correct swimming position is adopted from the very beginning, in addition the prone position stengthens the important back and neck muscles

Toddler swimming: € 23.00 / approx. 30 min

Monday to Friday / 2:30 p.m. - 3:00 p.m.

The toddler switches to the SWIMTRAINER "Classic" orange when they are 2-3 years old and have completed the water familiarization course.

Children's swimming course: € 110.00 / 5 days / 60 min. each

Monday to Friday / 10:00 a.m. - 11:00 a.m.

The 5-day course lasts 1 hour each (from 4 years)

Private swimming course: € 35.00 / approx. 50 min

Individual lesson in a group: € 26.00 / approx. 50 min

Silvretta Therme Ischgl

The Silvretta Therme in Ischgl offers wellness at the highest level.

Whether in the warm panoramic outdoor pool, in the spacious sauna area or doing laps in the 25-metre pool - everyone gets their money's worth here.

The perfect opportunity to relax before the journey home!



